

JANEEN SMITH MS, MFT, LPCC

415-748-1745 · janeen321@gmail.com · jsmithmft.com · [LinkedIn](#)

SPECIALIZING IN

Psychotherapy & Training & Consultation
Trauma Informed Care & Emotional Freedom Technique & EMDR
Clinical Supervision, Client Program Development
Development & Implementation of Staff Orientation & Wellness Programs

EXPERIENCE

Private Practice - San Francisco/Pacifica, CA

2001 - Present

PSYCHOTHERAPIST & CONSULTANT

- Perform Wellness Training and Consultation to Businesses and Organizations
- Consult, Clinically Supervise and Develop Clinicians, Clinical Supervisors and Directors
- Eye Movement Desensitization Reprocessing (EMDR) and Emotional Freedom Technique (EFT)
- Issues affecting lesbian, gay, bisexual, transgender, and questioning (LGBTQ) community
- Build routines and strategies to reduce impact of stress, overwhelm and fatigue
- Childhood sexual assault, stranger rape and domestic violence
- Effects of separation, divorce, and adjustment
- Recovery from substance abuse and co-occurring mental health challenges
- Relationship stress and building intimacy

Horizon Services - Hayward, CA

2009 – 2020

CLINICAL SERVICES DIRECTOR

- Consult, train and build standards for culturally competent client centered care
- Oversee Clinical Supervisors, client care and staff development
- Performed Clinical Supervision
- Develop and strengthen staff through implementation of trauma informed wellness programs
- Create and conduct trainings: Trauma Informed New Staff Orientation and Motivational Interviewing
- Created new evidenced-based clinical focus, curriculum, and upgraded client services
- Oversaw transitions and training to Mental Health and Drug Medi-Cal documentation standards
- Creation and management of internal quality review team in collaboration with county systems of care

Pyramid Alternatives-Pacifica, CA

1998 - 2009

EXECUTIVE DIRECTOR (2007 – 2011)

DEPUTY DIRECTOR (2006 - 2007)

PROGRAM MANAGER/CLINICAL SUPERVISOR (2003 – 2006)

PROGRAM COORDINATOR (2000 – 2003)

STAFF COUNSELOR (1998 – 2000)

- Responsible for policies, procedures and projects that furthered agency mission
- Lead agency from \$1.4 to 2 mil budget, eliminated debt and created reserves of over \$125,000
- Provided leadership for a 45-person workforce

Pyramid Alternatives (now StarVista) - Pacifica, CA

1998 - 2009

EXECUTIVE DIRECTOR (2007 – 2011)

- Obtained 6 new contracts and 6 new foundation grants
- Grew Board of Directors from 5 to 10 members with working committees
- Initiated and introduced new logo and agency branding update
- Launched 2 community partnerships and participated on 4 county steering committees

LICENSES & CERTIFICATIONS

Licensed Marriage and Family Therapist (MFT) - 12/2000 to Present

Licensed Professional Clinical Counselor (LPCC) - 3/2014 to Present

Level 2 Trained EMDR Therapist

Certified Domestic Violence Treatment Provider with San Mateo and San Francisco County

Certified Sexual Assault Counselor with Rape Trauma Services

EDUCATION

Masters of Counseling (MS) - San Francisco State University

Specializing in Marriage Family and Child Counseling

Virginia Lee Block Scholarship Award Recipient

Bachelors of Political Science (BS) - San Diego State University

Minor in Business Management

AFFILIATIONS & COMMUNITY INVOLVEMENT

Or Shalom Youth and Family Committee Chair

Sunnyside School Site Council

Sunnyside School PTA LGBTQ Parent Affinity Group

California Association of Marriage and Family Therapists

Bay Area Theatre Sports, Improviser

San Mateo North County Outreach Collaborative, (NCOC)

Bayshore Community-based AOD Prevention Project (BCPP)

Behavioral Health and Recovery Contractors Association

Co-Occurring Steering Committee of San Mateo County

Daly City Partnership and Pacifica Collaborative

Partnership for a Safe and Healthy Pacifica

San Francisco Gay Softball League, SFGSL

Chair 2026 to present

Member/Chair 2022 to 2026

Chair 2022 to 2026

Member - 1997 to present

Student - 2011 to present

Co-Founder - 2007 - 2011

Co-Founder - 2009 - 2011

Member - 2006 - 2011

Co-Chair - 2009 – 2010

Member - 2006 - 2011

Partner - 2006 - 2011

Board of Directors - 2001 - 2004